11th - 14th July 2019

EMBRACE YOUR SPACE

A FOUR DAY FESTIVAL EXPLORING BODY POSITIVITY

1. **Seana Wilson** *Monstrous Feminine* seanawilson@hotmail.com
My work explores the 'monstrous feminine': the witch, the mother, the ageing woman, the activist and women as sexual beings. For these paintings I took selfie photos with a phone camera then worked the images into quick paintings. Exploring the female gaze and the challenge of loving myself.

2. **Liberty Antonia Sadler** *Without Shame* 1'43" libertyantonia@gmail.com
Within her moving image practice, Liberty Antonia creates a world of character through an immersive combination of herself as performer of her own words and purgatorial studio & sound environments. Her practice includes both directing and first person performance, with works exploring, at times, controversial issues such as eating disorders, fatphobia, fetish & body dysmorphia.

3. **John Lee Bird** *The Insincere Sympathy Of The Faraway Stars* 15'15"
beforeencore@googlemail.com
It's a journey about the strokes I suffered, that rendered me unable to paint so I started drawing again...I was also going through a break-up at the time so my stroke face and his face were merging in the images I doodled....and eventually I met someone new, who's face began appearing.

4. **Kim Appleyard** *Self* appleyardkim@gmail.com
"there is always a shinning light behind every Soul.... no matter what the outer shell portrays"

5. **Angela Challands** *Baywatch Sweden* angela.challands@gmail.com
I was very ill last year and had two separate stays in hospital. On a recent trip to the rugged Swedish Coast, I embraced my imperfect, makeup-free, 45-year old body and felt a new appreciation for the life it has given me. I was invigorated by the fresh smell of the Nordic pine forest, sea air and the cold slap of the Baltic Sea. Referencing the feminine trope of Baywatch with Pamela Anderson in her red swimsuit, I laughed, danced and stripped naked on a midsummer afternoon.

6. **Fredrix Vermin** *Terrainium Numero Uno* fredvernon@live.co.uk
Fredrix Vermin is an artist working primarily in drawing and across mediums.
From print to object compilations, video to installation. Allure and repulsion sit either side the work with humour at its centre. Being born female into a biologically male form as part of a binary gender system, Fredrix believes a lack of an interior womb has lead to the creation of *Terrainium Numero Uno* an external vessel containing life.

7. **Amy Dyer** *untitled* amydyer96@outlook.com
I started painting as an outlet for my depression, something I can get my frustration out with rather than self harming. It began with a piece that was inspired by my harming, and then became a process of intertwining threads to illustrate my erratic thoughts and feelings.

8. **Vivienne Gibbon** *Pleasure And Discomfort* vgibbon@hotmail.co.uk
Currently utilising predominantly metal sculptural structures combined with the physicality of my body as a basis for this exploration, I further alter these initial forms by directly interacting with them in live interventions, therefore both challenging the idea of finite sculpture and seeking an ongoing dialog between myself and the materials.

9. **Mr Tractor Inspector** *untitled* tractor.inspector@protonmail.com
My works explore how modern human tries to blend into the environment in an attempt to survive in a modern society.

10. **Diego Maeso** *Gender Fluid* info@diegomaeso.com
Gender Fluid is a series of self portraits that helped me to explore my body and my gender identity as a non binary person who also do drag. I wanted to represent different aspects of my gender and also what society expected and expects from me, after and before my transition. The pictures bring to the table some questions that trans people have to face in their lives, such as "Are you a boy or a girl? What is this non binary non sense? I only see men and women. What is in your pants? Did you get the surgery?"

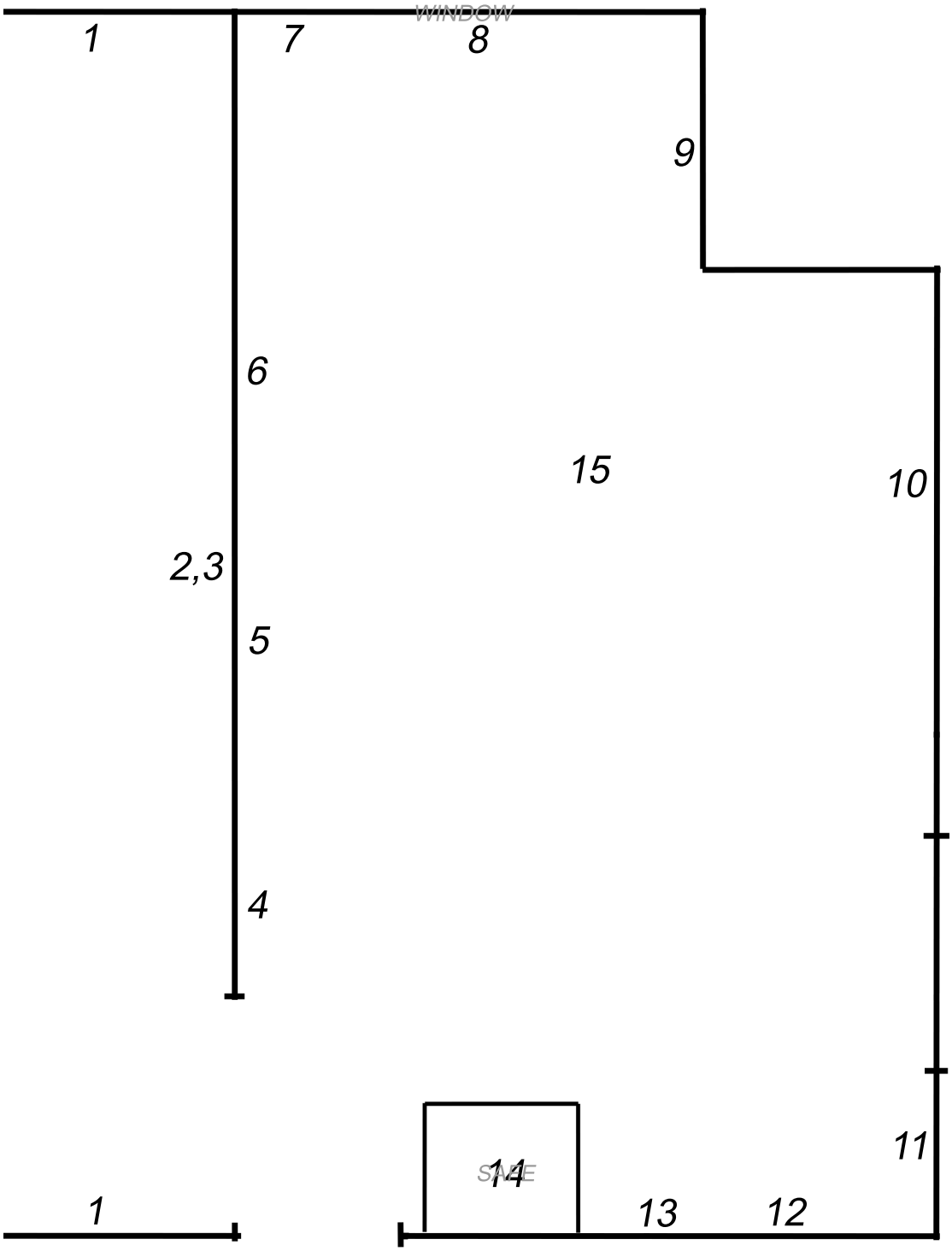
11. **Ruby David-Jekyll** *The Legs* rdavidjekyll@outlook.com
My legs were the final piece from a project on powerful women. I wanted to look at the poses women were depicted in and how women were presented in the art world (both as artists and muses). I thought it would be interesting to use textiles and embroidery as I always saw these as stereotypical feminine and old-fashioned crafts.

12. **Eliza Brady** *Breeding Other Bodies* 3'38" elizabrady@hotmail.co.uk
To what extent does a woman 'own' her body? Who has the power and why? Physically and socially, where is the divide between the mother's body and the fetus' body? I consider the means we deploy to control these bodies, socially, legally and technologically.

13. **Liberty Antonia Sadler** *Fat Girl in the Sun/Bad Fatty* libertyantonia@gmail.com
Liberty Antonia's work aims to open discussion about femmeness, imperfection and inequality; with characters' bordering between a 'parody of' and 'pride in' being a woman, exploring female stereotypes and Gender Performativity, embracing her own gender exploration. The use of humour as a technique of critique is the basis of Liberty Antonia's practice, aiming to use it as a device to answer the unspoken dogma of one's body being one's collateral and to challenge the male gaze.

14. **Lydia Gardner** *Sound Installation* gardnerlydia@yahoo.co.uk
In 1998 I met Nora, a Hungarian guitarist singer-sing writer. I loved her guitar playing - finding slavic, gypsy, Turkish, Hungarian chords and notes. We recorded a whole album together on 4 track mini disc. We stopped completely at the turn of the Century. These songs capture my soul.

15. **Mark Goldby** *e-ther* markgoldby@gmail.com
e-ther explores the body as it is converted into the digital, paying particular attention to the way figuration and gender are subverted as information is transferred, posing salient questions about our online identities.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